



Permission to Administer Over-the-Counter (OTC) Medications
Valid for all school sponsored day, after school or overnight activities

Student's Name: _____ **DOB:** _____ **Grade:** _____

Known Medication Allergies: _____ N/A

Massachusetts General Law C.71 S.54B and the Department of Public Health regulations 105 CMR 210 permit schools to give non-prescription (otherwise known as "over-the-counter" or OTC medications) to a student. In such cases, parent/guardian permission is required. In compliance with the Massachusetts Board of Registration in Nursing, standing orders for OTC medications are reviewed and signed by a physician annually. The school nurse administers medications based on these standing orders. If a student needs to take a medication at school, and it is not on this list, the student must follow the policy for prescription medication and obtain a physician's order along with a completed parent consent form.

Along with other nursing interventions, providing the student with an approved OTC medication can often provide comfort and relief of symptoms and allow them to stay in school. An individual OTC medication may be administered to a student no more than twice during any school day (except as noted in standing orders). If requested more than two times in a week, or if a pattern of regular use develops, the school nurse will contact the parent/guardian to discuss. If a student has a temperature greater than 100.1 degrees, they will be dismissed. Based on individual observation completed by the nurse or member of the school staff, you may be called to dismiss your child for symptoms of illness other than fever.

****Cross off any preparations that you do NOT want your child to receive****

- Acetaminophen
- Ibuprofen
- Diphenhydramine Hcl
- Tums (Calcium Carbonate)
- Cough Drops/Throat Lozenges
- Antibiotic Ointment (Bacitracin, Neosporin, Triple Antibiotic Ointment, or equivalent)
- Anti-Itch Cream/Ointment (Calamine/Caladryl Lotion/Hydrocortisone/Bendadryl Cream)
- Vaseline Ointment/Petroleum Jelly/Aquaphor
- Lip Balm/Blistex
- Oral Gel – Anbesol/Oragel/Orosol
- Unscented Hand and Body Moisturizing Lotion
- Ophthalmic Saline Solution (For Contact Lenses)
- Aloe Vera Gel/Cream
- Soaps (Hand Soaps, Antibacterial Soaps)
- Heating Pad
- Ice Pack

The following OTC Medications may also be used for routine First Aid:

- Bactine Spray
- Hydrogen Peroxide/ Isopropyl Alcohol
- Sterile Purified Water Eye Wash and Drops
- Saline Wound Wash

I give permission for my child to use the over-the-counter preparations and prescription medications listed above. I have crossed out the items my child may NOT have/use. I understand that administration of over-the-counter medications will be based on nursing assessment and physician's standing order.

Parent/Guardian Name (PRINT)

Parent/Guardian Signature

Date