

Welcome to the 2023 – 2024 Woodward Wildcats Athletic Year

Dear Woodward Student-Athletes and Families:

Woodward is a member of the Girls Independent League (GIL) and New England Preparatory School Athletic Council (NEPSAC). At Woodward, our varsity sports include a fall soccer and cross-country season, a winter basketball season, and a spring softball and volleyball season.

Wildcats Soccer practice for the fall will be held on:

| Tuesday | Wednesday | Thursday |
|-----------|-----------|-----------|
| August 15 | August 16 | August 17 |
| August 22 | August 23 | August 24 |

Students in grade 7 (who have previous experience), any student in grades 8-12 and students who have previously played on the team are invited to play.

Players should arrive at Woodward no later than 9:30 AM. We will meet and leave the school to go to our practice field at 9:45 AM. Please start conditioning this month – walk, jog and run SAFELY, and stay hydrated!

Please bring your own practice clothes, shin guards and soccer cleats for practice. Players will be issued new uniforms after these summer practices.

All players must submit a completed *Athletics Participation Permission Form*, *Athletics Pre-Participation Head-Injury Concussion Form*, and provide all required health information, including a Record of Physical Examination within 13 months prior to the start of the specific athletics season – before you may participate. These forms can be downloaded from the school’s website on the *Back to School* page. Please see the *2023 – 2024 Health and Medical Records Requirements* letter from our School Nurse.

Athletics is an extremely important part of our children’s lives. Lessons in teamwork, physical and mental toughness, time management and decision making in crucial situations are taught through sports. Our student-athletes are passionate and eager to play and we, along with our League partners, are always working together to promote safe and positive playing conditions, with all the benefits that brings.

Please contact me with any questions at bgiordano@thewoodwardschool.org

Sincerely,

Bob Giordano
Athletic Director
bgiordano@thewoodwardschool.org